



EMPOWER CLIENT GROWTH

ICA COMPETENCY NO. 9
INTERNATIONAL COACHING ALLIANCE
VERSION 21.2+



DEFINITION OF THE COMPETENCY

The coach recognizes and honors the client as a whole person—one who evolves through their own values, pace, and context. Coaching is not limited to achieving surface-level goals but serves the deeper purpose of fostering long-term personal growth, inner clarity, and authentic self-development.

PURPOSE OF THE CHARTER

This competency centers on the coach's ability to support the client's inner journey of self-awareness, integration, and personal transformation. It positions coaching as a process that empowers the client not only to achieve objectives but to expand their consciousness, autonomy, and integrity.

CORE PROFESSIONAL PRINCIPLES OF ICA

1. Whole-Person Awareness

The coach perceives the client as a multidimensional being—encompassing body, mind, emotions, spirit, relationships, and social reality.

2. Respect for the Individual Path

The coach refrains from imposing predefined goals or methods and instead aligns with the client's unique values, worldview, and life direction.

3. Support for Deep Personal Transformation

The coach provides a safe and reflective space where meaningful inner change can occur, beyond mere behavioral shifts.

4. Ethical Sensitivity and Responsibility

The coach acknowledges the ethical responsibility of their influence, acting with care, humility, and emotional intelligence.

5. Facilitation of Sustainable Development

The coach empowers the client to build self-awareness, resilience, and long-term inner capacity to navigate life intentionally.



COACH'S DECLARATION

By signing this document, the coach affirms:

- An understanding of the profound impact coaching can have on the client's personal growth
- A commitment to holding space for the client's evolving identity, values, and self-awareness
- A respectful approach that supports the client's dignity, wholeness, and autonomy throughout the coaching journey

Note:

This document is a required component of the ICA accreditation file. The coach's signature confirms alignment with the ethical standards defined in Competency №9 and is necessary to complete the accreditation process.

Date: _____

Coach's Full Name: _____

Signature: _____

ICA Accreditation ID (if applicable): _____
